

We Are Human, We Are Free - Building Worldwide Nonviolent Resistance to the Great Reset

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Global Research, March 30, 2021

Theme: [Police State & Civil Rights, Science and Medicine](#)

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In late 2020 Robert J. Burrowes and myself were asked by some Melbourne activists protesting against the lockdowns and Covid vaccinations to help them develop more effective strategy. Many of the protesters were new to activism, and those with an inclination towards following a nonviolent approach wanted education in this area.

In February, Robert and I ran two Introduction to Nonviolent Action workshops, and one Nonviolent Strategy weekend, and with the inspiration and input of this great group of participants, I have now put the basics of a worldwide nonviolent campaign strategy to defeat the Great Reset on a website. We have named this campaign [We Are Human, We Are Free](#).

The website is designed as a resource that activists anywhere in the world can use to develop effective local nonviolent campaigns.

Here are some excerpts from the website:

[We Are Human, We Are Free](#) is a worldwide nonviolent resistance movement to free ourselves from Elite control and resist the forces of fear and dehumanisation.

Our aim is to build a mass civil resistance movement to undermine the power of the Global Elite to control us, and to regain the freedoms that make our lives worth living. Because we are human, we are free to make choices. The time has come to choose – are we on the side of love, life and freedom or fear, self-imprisonment and tyranny?...

What is happening in our world?

Do you have a gut feeling that there is something ‘wrong’ with the way this supposed pandemic is being presented, and with planetary wide lockdowns as a response? Are you being negatively impacted by lockdowns, or vaccines, in ways that make you feel the ‘cure’ is worse than the original ‘problem’? If what is going on doesn’t make sense to you, is there another, reasonable way to explain what is happening?...

The supposed pandemic and the planetary lockdown response are key tools in achieving the Global Elite’s aims – psychologically designed to dramatically increase people’s fear of the unknowable, and justify greater and greater loss of freedoms and human rights...

What is The Great Reset?

In brief, the Global Elite is in the process of establishing:

- A Monopolised Corporate Dictatorship of the economy, including all natural, agricultural, human, technological and financial resources, destroying any attempt of ordinary people to achieve economic self-reliance through independent farming, small and medium sized business, organic food production or local trade. The full digitisation of money (the end of currency altogether), will leave people with no control over currencies they can use to trade in ways they see fit. The advent of the 'fourth industrial revolution' is expected to lead to at least one-third of jobs now performed by humans being replaced by software, robots, and smart machines by 2025, leaving at least 30% of people permanently unemployed. In a short video, the WEF predicts that by 2030, ['You'll own nothing, and you'll be happy'](#).
- A Medical Dictatorship by profit-driven pharmaceutical medicine and psychiatry for social control, that denies the true value of natural and holistic physical and mental health, disallows use of non-patented or previously patented medicines, and forces damaging and experimental medical treatments and procedures on people without informed consent. These include vaccines involving genetic engineering and nanotech which have the potential to fundamentally change the way we exist as independent biological entities.
- National/State Government Dictatorships (intended to become a Global Government Dictatorship) controlled by elite 'advice' and interests, that destroy privacy through mass surveillance and restrict freedom of thought, speech, work, finances and movement.
- A Monopolised Media Dictatorship that uses censorship and propaganda for social control.
- A Technocratic Dictatorship run by pseudoscientific 'experts', involving the fourth industrial revolution (AI, satellites, robotics, drones and the Internet of Things); the surveillance, control and attempted 'robotisation' of our biological selves through nanotech implants and connection to AI through 5G technology; the control and destruction of the natural environment through technologies such as 5G and genetically modified crops; and the denigration of genuine scientific methods and principles, which are non-authoritarian by nature...

What can we do? Why choose nonviolent resistance?

[We Are Human, We Are Free](#) recognises that to defend our human needs and rights it is necessary to noncooperate with the forces of fear, and this involves many types of courageous and conscientious individual and collective action. While legal and political challenges within the system help raise awareness of the unhealthy nature of tyranny, we need to trust ourselves to make the final decisions about how to meet our own needs when existing political and legal systems are corrupted and fail. When we cannot defend ourselves according to legal or conventional political rules, we must step outside these rules and draw upon the more natural and fundamental powers of human solidarity, conscience and courage.

Some powerful acts of nonviolent noncooperation, such as boycotts, will remain legal and risk free. Increasingly, however, noncooperation will require civil disobedience, as the forces of fear attempt to reign us in ever more tightly. The Global Elite and their agents have

already used arrests, fines, imprisonment, psychiatric committal, property seizure and direct violence against pro-freedom activists in different countries to try to intimidate us into giving up. They will continue to use violence against us. In these challenging circumstances, nonviolent processes and interactions provide the greatest degree of physical and psychological/emotional safety possible for activists and will help build the greatest number of participants in our growing movement...

Everyone is Welcome

Everyone is welcome to take action under the [We Are Human, We Are Free](#) banner if they agree with the three fundamental points that unify this movement:

1. That whatever the level of illness occurring in the community, and whatever its causes, there is no genuine evidence of the existence of a contagious pandemic that is killing statistically significant numbers of people, and therefore no justification for any of the measures which are supposedly a response to this 'crisis'.
2. That the false pandemic is one tool being used by the Global Elite to achieve The Great Reset, which is designed to gain total control over the world's natural resources and the entire human population. The various elements of The Great Reset must be collectively resisted if we are to gain back the freedoms that make our lives worth living.
3. All participants in this movement are willing to abide by the code of nonviolent discipline detailed on [We Are Human, We Are Free](#) in their campaigns.

We hope to build an easily recognisable worldwide movement against Elite dictatorship, which will unite us as we enact the many locally organised nonviolent campaigns necessary to win back our freedom.

Many nonviolent actions and campaigns are already occurring – we invite local campaigns to consider adding the [We Are Human, We Are Free](#) banner to their existing identities as a worldwide unifying element in their campaign...

What Sort of Actions Will Make a Real Difference to the Situation?

Public protests where we show our discontent and connect with the many others who feel as we do are a first step in addressing the problem. But effectively undermining attempted global dictatorship requires more than this – we need to take actions of strategic significance that transfer power from the hands of the Elite to ordinary people...

Choose messaging that clearly asks ordinary people to noncooperate in specific ways. For example “Choose Natural Health. Say No to Experimental Vaccines”; “Provide No Excuse for Lockdowns. Don’t Get Tested”; “Don’t Buy Censorship. Boycott Facebook”; “Use Your Own Eyes and Ears. Turn off Your TV”; “Don’t Buy 5G Upgrades”; “Don’t Feed the Monsters. Boycott Amazon...”

And here are a few examples from the website of 29 ‘Strategic Goals’ which will contribute to achieving our overall purpose of defeating the Global Elite’s attempted takeover:

(1) To cause people and groups all around the world to join the resistance strategy by wearing a global symbol of human solidarity.

Asking people and groups all around the world to wear an orange ribbon, wristband or armband showing their solidarity as part of this worldwide nonviolent movement is a key way to increase people's courage to take action. Can you think of particular groups of people to whom you might make this suggestion, or ways in which you might spread this message to the general public?...

(8) To cause people and groups all around the world to conscientiously refuse to submit to vaccination, which is likely to include nanotechnology that will subvert your individual identity, freedom, dignity, volition and privacy; including through a 'digital vaccine passport' (possibly delivered via a microneedle platform using fluorescent microparticles called 'quantum dots', which can deliver vaccines and at the same time invisibly encode vaccination history directly in the skin).

How can we best encourage people not to receive Covid vaccinations (experimental injectables), regardless of whether or not they are made legally mandatory by your national government? Can you organise picketing or boycotts of businesses that are coercing their workers into having vaccinations as a condition of employment?

Can you ask all air traffic controllers, and pilots and drivers of air, land and water transport (including military transport), and construction machinery such as cranes, to refuse to take vaccinations on account of the potentially catastrophic dangers to the community if they have a negative reaction to these experimental injectables while working?

Can you organise nonviolent protests or interventions at any education, healthcare (such as nursing homes) or travel related sites that have been targeted as priority vaccination sites to convince the management not to go ahead?

Can you organise a strike by workers at your workplace or in your industry in support of your right to choose not to be used as part of a medical experiment?

Can you organise a strike or 'refusal to act on vaccine related punishment' by public servants if they are ordered to cut off people's government benefits for not taking a vaccine?

Can you ask GPs to resist performing Covid vaccinations by stating they are already overworked and have no further time for this 'health' campaign? Can you ask GPs to take positive responsibility for the health of their patients by presenting those patients who ask to be vaccinated with information regarding the exact contents of the vaccine and data regarding the known negative effects of the vaccine, and the data that is still unavailable because of its experimental nature, so that patients can make a genuinely informed choice?

(9) To cause people and groups all around the world to organize or participate in a collective event that conscientiously resists the Covid lockdowns.

This could be, for example, a cultural, religious or sporting event, a nonviolent action for another cause, a community activity such as working to establish a community garden to increase local self-reliance, a celebration or a return to work.

This is all about showing its okay to live our normal lives. The more people involved in a mass 'dispersed' event, the less likely we are to be arrested or receive fines. If you are just organising locally, with a small number of people involved, police liaison is crucial for the best possible outcomes to occur. You must be prepared personally for the risk of arrest, and

think about how you can make this process as dignified as possible to show your courage and commitment, and your willingness to engage with the police as individual human beings. Then, they may arrest you today, but decide that they don't wish to do so tomorrow.

The 50,000 restaurants in Italy that opened in defiance of lockdown restrictions in January 2021 are a great example of a mass, dispersed action of noncompliance. Many religious services have been held in defiance of lockdowns. What cultural events matter most in your local community? Sport? Music? How about a 'Football for Freedom' match or a 'Band Together for Freedom' music event? You may be arrested before completing your event, but if you go with police with dignity, the absurdity of the police's actions will be made all the more clear.

(10) To cause people and groups all around the world to organize or participate in events that conscientiously refuse to maintain social distance.

Are you a grandparent? Is it possible to organise 'Grandparents for Freedom' days, where grandparents visit their grandchildren against lockdown regulations, and take photos of themselves hugging and kissing their grandchildren to post online, or to print off and letterbox drop around their local community? This would work directly against the Elite narrative of having to 'protect' our older people by keeping them in isolation, showing that older people have courage and volition of their own.

To give people non-arrestable and arrestable options for showing their support for the campaign, public nonviolent actions could be organised where some of the group abides by social distancing and mask wearing (the masks could have a question mark drawn on them, or lips that appear to be speaking), and holds banners with clear messages encouraging acts of noncooperation, while others remove masks and hold hands or hug one another, accepting arrest in a dignified manner if the police decide to take that course. These actions will work best if you have done solid police liaison beforehand. To discourage use of water cannons and teargas to clear crowds, many smaller public actions could be organised around a city on a particular day, rather than one mass action in a centralised location.

(15) To cause people all around the world fined for breaking 'pandemic'-related health laws or regulations (mask wearing, social distancing and lockdown restrictions, including curfews, local and wider travel restrictions, 'non-essential' work bans and business closures) to refuse to pay their fines and continue to conscientiously break these laws or regulations, accepting time in jail as a prisoner of conscience if necessary.

The legal system as it exists in any country does not have the resources to put large numbers of people through the court and prison system. If people refuse to pay fines, and do not deliver themselves up to the legal system voluntarily, it will take enormous resources to send police to locate and arrest all those with a warrant, put them in front of a magistrate, and then imprison them for a number of days, weeks or months in lieu of paying the fine. Already, in Victoria, Australia, for example, many unpaid fines have been withdrawn by the government, presumably for this reason, and the 50,000 restaurant owners in Italy who reopened against lockdown restrictions cannot possibly all be imprisoned for their actions.

It will be necessary to morally and practically support anyone who is targeted for prosecution as a 'public example' – if these people can be supported well through a prison experience, they can understand their important role in remaining courageous and patient

for the benefit of the movement as a whole. The more of us who refuse to pay fines, the less chance there is of anyone being prosecuted, until the point where the authorities simply give up trying to enforce the laws or regulations.

(16) To cause the police to refuse to obey orders from the Global Elite and its agents to arrest, assault, torture and shoot nonviolent activists and the other citizens of your country.

There are already some great nonviolent initiatives happening with the police, which you may like to copy in your local area. Check out [Police for Freedom](#), for example. Talking to police at stations in your area, to get to know them as individuals, and when you are planning actions, is vital to the success of this movement. We need the police, security personnel and military personnel on our side and need to give them every opportunity to see us as people they respect and want to stand with. Obviously when people have had very bad experiences with police and other security forces, this can make it difficult for them to feel confident or willing to do this. Choose people who do have confidence to liaise with security forces, and work out ways to support and provide extra protection for those who have been previously abused.

We hope that the [We Are Human, We Are Free](#) website will provide a user friendly resource for developing a worldwide nonviolent campaign against the Global Elite's Great Reset, encouraging many acts of noncooperation from ordinary, empowered people. We look forward to your participation!

Much love to you all from Victoria, Australia.

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Anita McKone has been a nonviolent activist, educator and researcher since 1993. She has been arrested and imprisoned on a number of occasions for her activism. She has written many articles on different aspects of nonviolent activism, psychology and philosophy. Her website is at [Songs of Nonviolence](#).

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