

Video: “The Psychiatry of COVID-19”. A Conversation with Dr. Emanuel Garcia

By [Dr. Emanuel Garcia](#)

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Now that monkeypox has been declared a global health emergency, let’s not forget how the last health “emergency” was handled. Dr. Emanuel Garcia, a New Zealand psychiatrist and medical freedom advocate who emigrated from the United States in 2006, reports on the stages of the absurd and yet all too familiar COVID response in his adopted country.

Applying a psychiatric lens to the public health disasters of masks, lockdowns, and coerced injections, Dr. Garcia’s analysis helps fortify us against the next assault on human dignity, health and freedom.

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This interview was produced by [Perspectives on the Pandemic](#).

Dr. Garcia is a Philadelphia-born psychoanalyst and psychiatrist who emigrated to New Zealand in 2006. He has authored articles ranging from explorations of psychoanalytic technique, the psychology of creativity in music (Mahler, Rachmaninoff, Scriabin, Delius), and politics. He is also a poet, novelist and theatrical director. He retired from psychiatric practice in 2021 after working in the public sector in New Zealand.

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