

# US Sponsored Coups and Regime Change, NATO Expansionism, Washington Interferes Globally. Ukraine, Mexico, Korea, Venezuela

From Vietnam to Venezuela, the US consistently interferes in the sovereign affairs of nations. Russia, by contrast, simply wants security on its borders.

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Region: [Russia and FSU](#), [USA](#)

Theme: [History](#), [Media Disinformation](#),  
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*On February 2014, a United States-sponsored [coup](#) was initiated in the Ukraine in which President Viktor Yanukovich was illegally ousted from power. (1) Over three years later, the putsch has done nothing but plunge the Ukraine, a tortured country plundered throughout modern history (by the West), into another abyss. In a 2015 interview with CNN, then US president Barack Obama openly confessed that “we had brokered a deal to transition power in Ukraine”.*

Around 10,000 people have been killed in the time since, with the conflict generating 2.5 million refugees who relocated to Russia. The putsch led to Crimea’s annexation a month after the coup, with a [96%](#) vote in favour of joining the Russian Federation – the majority of Crimeans already considered themselves ethnic Russians. (2)

The new Western-backed government, led by billionaire Petro Poroshenko, has been riddled with [corruption](#) and sees meagre support from the Ukrainian people. (3) Just [1.9%](#) fully trust Poroshenko personally, according to an unreported survey conducted in June. (4) Poroshenko’s dismal backing is hardly surprising considering the disastrous economic conditions millions are enduring in the country. What’s more, the 2014 coup has led to an unseemly rise in far-right groups.

In contrast, the Russian president Vladimir Putin has an [87%](#) approval rating according to a poll also in June. (5) This makes Putin “one of the most popular leaders in the world”, with even mainstream networks like CNN reporting on his consistently high approval ratings.

Thinking objectively one can quickly identify the enormous pretense at work here. Picture the Western reaction had Russia performed a key role in, say, toppling governments on the US border, in Canada or Mexico. What would the superpower’s reaction be? To adopt CIA lingo, any efforts to install pro-Russian governments on the US frontiers would be “terminated with extreme prejudice”.

Examining Mexico’s case, it’s worth remembering that the US is [illegally](#) sitting on half of its territory. (6) After the Mexican-American war in 1848, the US stripped of Mexico lands that later became known as California, Arizona, New Mexico, etc. This is already taking into account the annexation of Texas from Mexico in 1845. Such huge land-grabs have been

wiped from memory, except from the minds of Mexicans that is.

The West has acted with seeming abhorrence on what they deem as Russian interference in eastern Ukraine, the majority of whose people view Russia positively. One of the West's principal goals in initiating the 2014 putsch, was to integrate the Ukraine into NATO – a hostile, expansionist foreign entity receiving three-quarters of its funding from Washington. George Kennan, former US Ambassador to the Soviet Union and Yugoslavia, [described](#) NATO enlargement as “a tragic mistake”. (7) Kennan later joined other American statesman in penning an open letter to the White House condemning NATO expansionism as “a policy error of historic proportions”. To no avail.

NATO is simply one arm of American imperialism. Since 1945 the CIA, with US government and military support, has [toppled](#) numerous foreign regimes and installed military dictatorships. (8) Around the world, the US has violated international law at will. Right now, for example, the US is conducting aggressive military exercises to intimidate an isolated and threatened North Korea. There are almost 30,000 American troops in South Korea, and another 50,000 in another client state slightly further east, Japan. On top of this is a significant American air and naval presence in south-east Asia.

It seems reasonable to query the presence of tens of thousands of US soldiers situated 11,000 km from Washington. It can be safely called imperialism. With this state of thinking, US military personnel have no qualms about telling China how to [behave](#) in the South China Sea, or the East China Sea. (9) The problem being that China is thousands of years old and difficult to intimidate. The West might have reacted differently if, for example, Russia was rebuking Japan for conducting exercises in the Sea of Japan.



US policy towards North Korea can be put under the grill too. What right does the US have to bully a poor, deprived country, and in doing so provoke inevitable responses? North Korea has a duty to protect itself, seeing as it was utterly levelled by the US Air Force during the seldom-mentioned Korean War. This past aggression can largely explain why the North developed nuclear weapons to begin with: as a deterrent against further invasion. Under current circumstances, it seems certain Kim Jong-un and company are glad they have their small nuclear arsenal. After all, the US have never invaded a nuclear-armed country, just weak, vulnerable ones like Vietnam, Iraq or Libya.

It sends a dangerous message to the world: arm yourself with nuclear warheads if you want security from US aggression. Yet, in the Western mainstream, it is North Korea who are continuously portrayed as the villains in all this. The main reason the US are maintaining a presence in south-east Asia, is that it's one of the [richest](#) energy producing areas on earth. (10) To stall their long-declining power, and thwart a rising China, the US wants desperately

to retain a presence in this region.

Switching 14,000 km westwards, the US is again inciting conflict in Venezuela, a country with a long troubled history. As the superpower has lost much influence in South America this century, the Trump administration are supporting right-wing groups with the aim of removing president, Nicolas Maduro. The US have imposed various sanctions on a country rich in oil reserves, hence the superpower's interest. The corporate media are portraying the "dictator" Maduro as the antagonist, much as they did with Cuban revolutionary leader Fidel Castro. US military figures like General H. R. McMaster have [voiced](#) concern that democracy is being lost in Venezuela (and reported seriously it appears). (11) As history portrays, American concern for democracy goes down as one of the more grotesque myths mankind has ever conjured.

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