

Man: The Chemical Ape

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[NursingSchoolHub.com](#)

Region: [Canada](#), [USA](#)

Theme: [Science and Medicine](#)

Body burden:

the amount of chemicals that accumulate in the human body.

We're all polluted, but to what extent?

70,000+ chemicals in commercial use in America, 35,000+ in Canada

With 2,000+ newly synthesized chemicals in the U.S. every year.

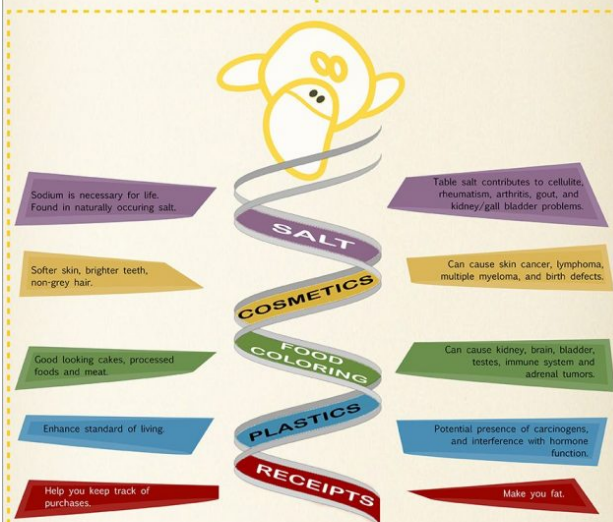
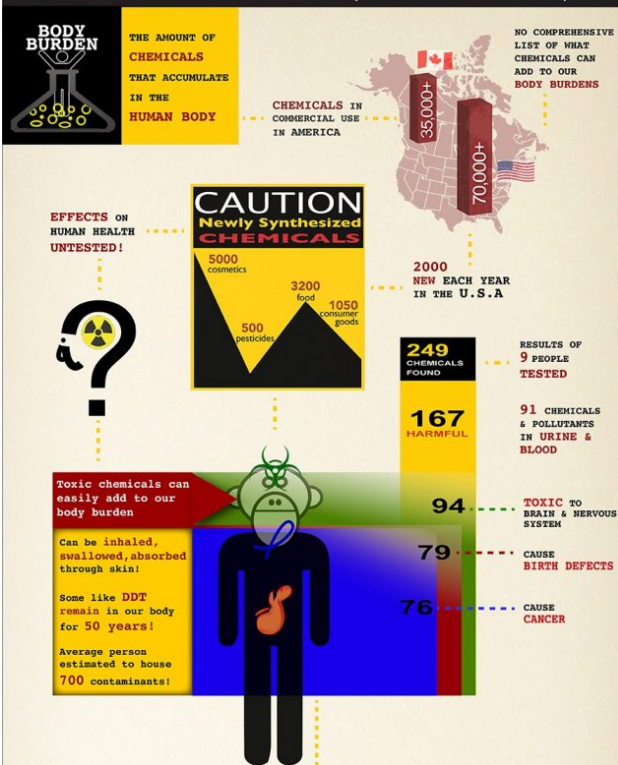
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THE CHEMICAL

APE



For better or worse, we are the polluted, chemical ape.



SALT	Table salt is dried at over 1,200 degrees F, changing it from sodium to sodium chloride. Sodium chloride takes exponentially more energy to digest, is lacking in nutrients, and causes health problems.
COSMETICS	Are rarely tested by the FDA. Instead the CFTA (Cosmetic Toiletry and Fragrance Association) tests some of the potentially toxic chemicals. Of 7,500 potentially toxic chemicals the CFTA tested 24 in 2004.
FOOD COLORING	Blue#1 and 2, Citrus Red#2, Green #3, Red#3, and the most widely used Red#40 are all known to contribute to various cancers. Found in ALMOST EVERY PROCESSED FOOD.
PLASTICS	Most heated plastics, as well as pliable plastics contain carcinogens.
RECEIPTS	10 seconds of touching a receipt, or quickly crumpling the paper up, releases obesogens into your body. Enough receipts, and you're much likelier to be fat.

Many pollutants are impossible to escape, but over exposure is avoidable. Keep an eye out for the chemicals on this list, and save yourself some trouble in the long run.

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Source: NursingSchoolHub.com

Man: The Chemical Ape

For better or worse, we are the polluted, chemical ape.

Body burden = the amount of chemicals that accumulate in the human body.

We're all polluted, but to what extent?

70,000+ chemicals in commercial use in America

35,000+ in Canada

With 2,000+ newly synthesized chemicals in the U.S. every year.

By type:

[type of product/number of chemicals]

Cosmetics: 5000

Pesticides: 500

Food: 3,200

Consumer goods: 1,050

Except for in food and drugs, how most of these chemicals affect human health is never tested.

Case Study:

9 people tested

Avg. of 91 chemicals and pollutants in blood and urine

167 chemicals total

76 caused cancer

94 are toxic to the brain or nervous system

79 cause birth defects or abnormal development

Our everyday exposure to chemicals

Case one: Salt

Pros: Sodium is necessary for life. Found in naturally occurring salt.

Cons: Table salt contributes to cellulite, rheumatism, arthritis, gout, and kidney/gall bladder problems.

Case two: cosmetics

Pros: Softer skin, brighter teeth, non-grey hair.

Cons: Can cause skin cancer, lymphoma, multiple myeloma, and birth defects.

Case three: Food Coloring

Cons: Can cause kidney, brain, bladder, testes, immune system and adrenal tumors.

Pros: Good looking cakes, processed foods, and meat.

Case four: Plastics

Pros: Enhance standard of living.

Cons: Potential presence of carcinogens, and interference with hormone function.

Case five: Receipts

Cons: Make you fat.

Pros: Help you keep track of purchases.

Salt

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Cosmetics

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Of 7,500 potentially toxic chemicals

Food Coloring

Blue#1 and 2, Citrus Red#2, Green #3, Red#3, and the most widely used Red#40 are all known to contribute to various cancers.

And are found in ALMOST EVERY PROCESSED FOOD.

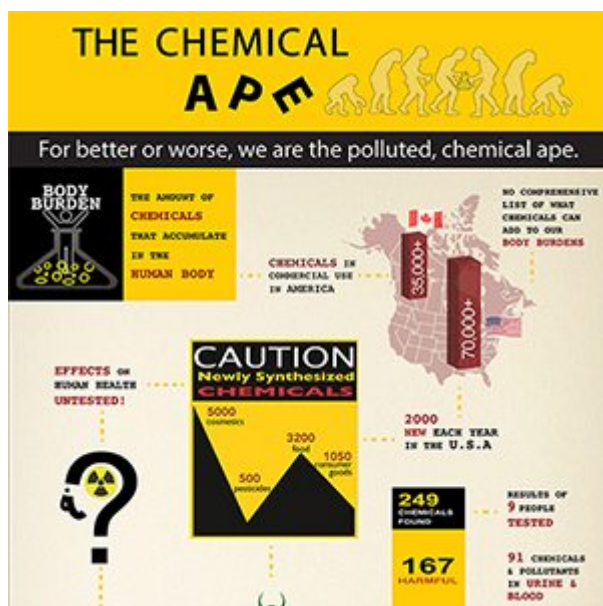
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