

# Long COVID Propaganda and Fraud: It's Time to Push Back on Lies and Help Those Suffering from Spikeopathy

By [Dr. William Makis](#)

Theme: [Science and Medicine](#)

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[COVID Intel](#) 25 November 2023

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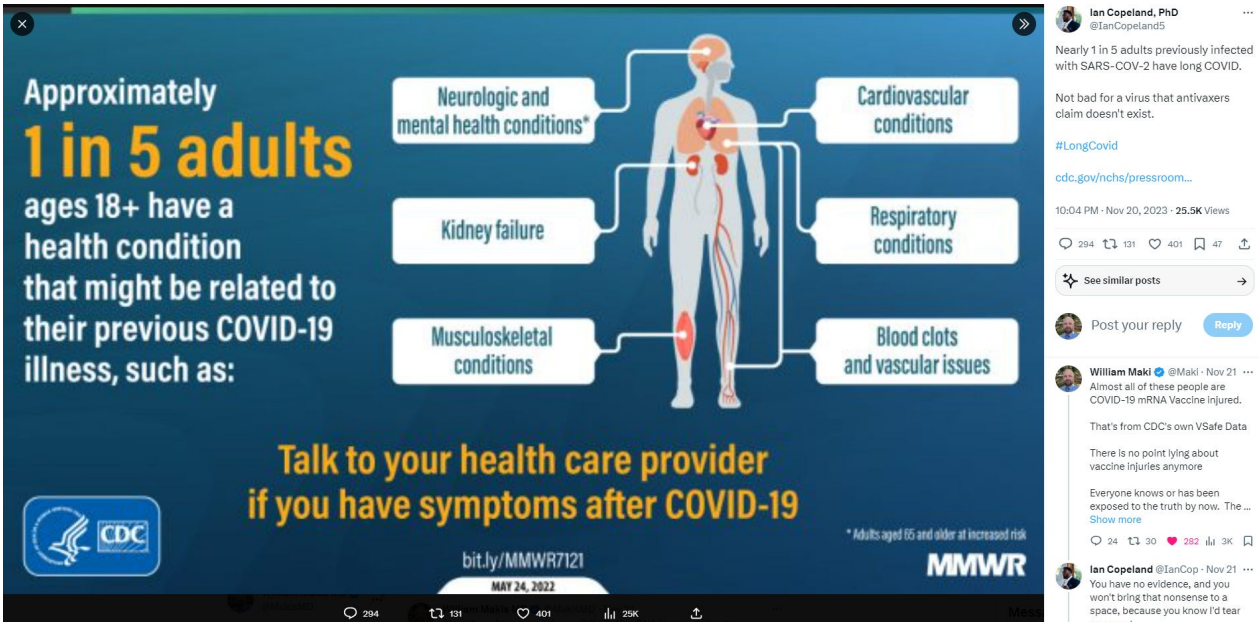
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*In the last few weeks, Twitter has tweaked its algorithm to push LONG COVID Propaganda. I now see 100s of posts from 3x-6x COVID-19 Vaccinated people who believe they're suffering from "Long COVID".*

Let's address the bogus Propaganda and see how "Long COVID" sufferers can be helped.



**Approximately 1 in 5 adults ages 18+ have a health condition that might be related to their previous COVID-19 illness, such as:**

- Neurologic and mental health conditions\*
- Kidney failure
- Musculoskeletal conditions
- Cardiovascular conditions
- Respiratory conditions
- Blood clots and vascular issues

**Talk to your health care provider if you have symptoms after COVID-19**

bit.ly/MMWR7121  
MAY 24, 2022  
MMWR

\* Adults aged 65 and older at increased risk

**Twitter Thread:**

**Ian Copeland, PhD** @IanCopeland5 · Nov 20, 2023 · 25.5K Views  
Nearly 1 in 5 adults previously infected with SARS-CoV-2 have long COVID.  
Not bad for a virus that antivaxers claim doesn't exist.  
#LongCovid  
cdc.gov/nchs/pressroom...

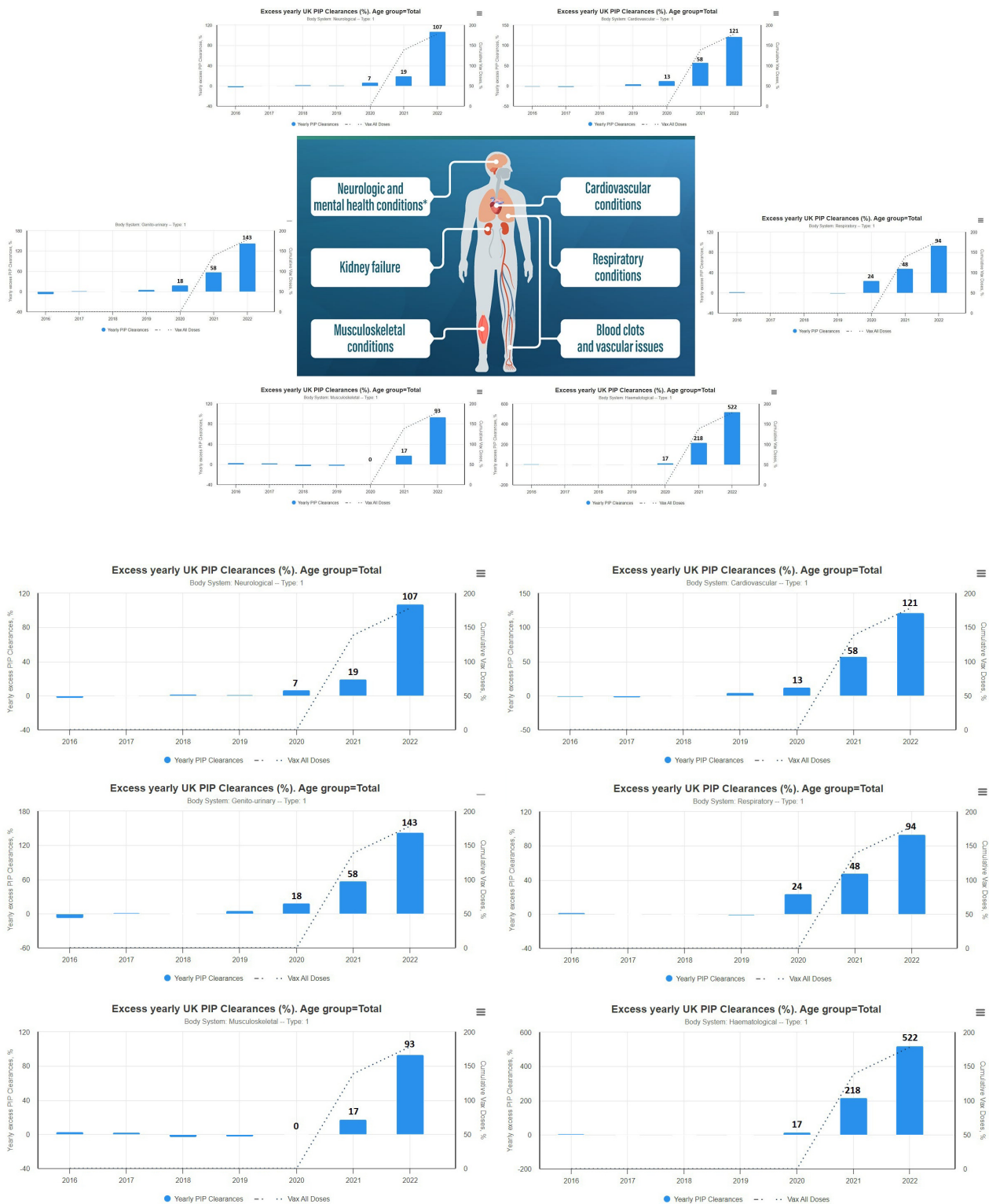
**William Makis** @Maki · Nov 21, 2023  
Almost all of these people are COVID-19 mRNA Vaccine Injured.  
That's from CDC's own VSafe Data  
There is no point lying about vaccine injures anymore  
Everyone knows or has been exposed to the truth by now. The ...  
Show more

Source of Long COVID Propaganda ([CDC](#)):

- The graphic above comes from CDC Website, dated May 24, 2022 ([source](#))
- CDC claims 20% of US Adults 18+ may be suffering from "Long COVID"

- “26 conditions often attributable to post-COVID”
- But what is the evidence for it?

Here is the CDC “Long COVID” Propaganda compared to real [UK Government Disability Data](#):



Where’s the “Long COVID”? It’s in the 2020 Graphs When COVID-19 Was at Its Worst

- 2020 had the worst waves of SARS-CoV-2

- [CDC defines](#) “LONG COVID” as: “at least 4 weeks after infection is the start of when Long COVID could first be identified.”
- We should see “Long COVID” cases accumulate in large numbers throughout most of 2020, but we see no such thing.
- The most significant increase in disabilities in 2020 was in the “respiratory” category with a 24% increase.
- This makes sense for a respiratory virus with long term sequelae such as pulmonary fibrosis and scarring.
- There is also a modest but significant increase in hematological, kidney and cardiovascular disabilities in 2020 on the order of 17%, 18% and 13%.
- These increases in disability are real and significant.
- True Long COVID is a consequence of corrupt health officials and politicians blocking access to Early Treatments for COVID-19. For a small percentage of vulnerable individuals, this resulted in prolonged sequelae (spike protein damage to tissues and organs).

By end of 2022, the disability numbers look like this:

- Neurological +107% (2020 was +7%)
- Cardiovascular +121% (2020 was +13%)
- Respiratory +94% (2020 was +24%)
- Hematological +522% (2020 was +17%)
- Musculoskeletal +93% (2020 was 0%)
- Kidney +143% (2020 was +18%)

What accounts for this astronomical increase?

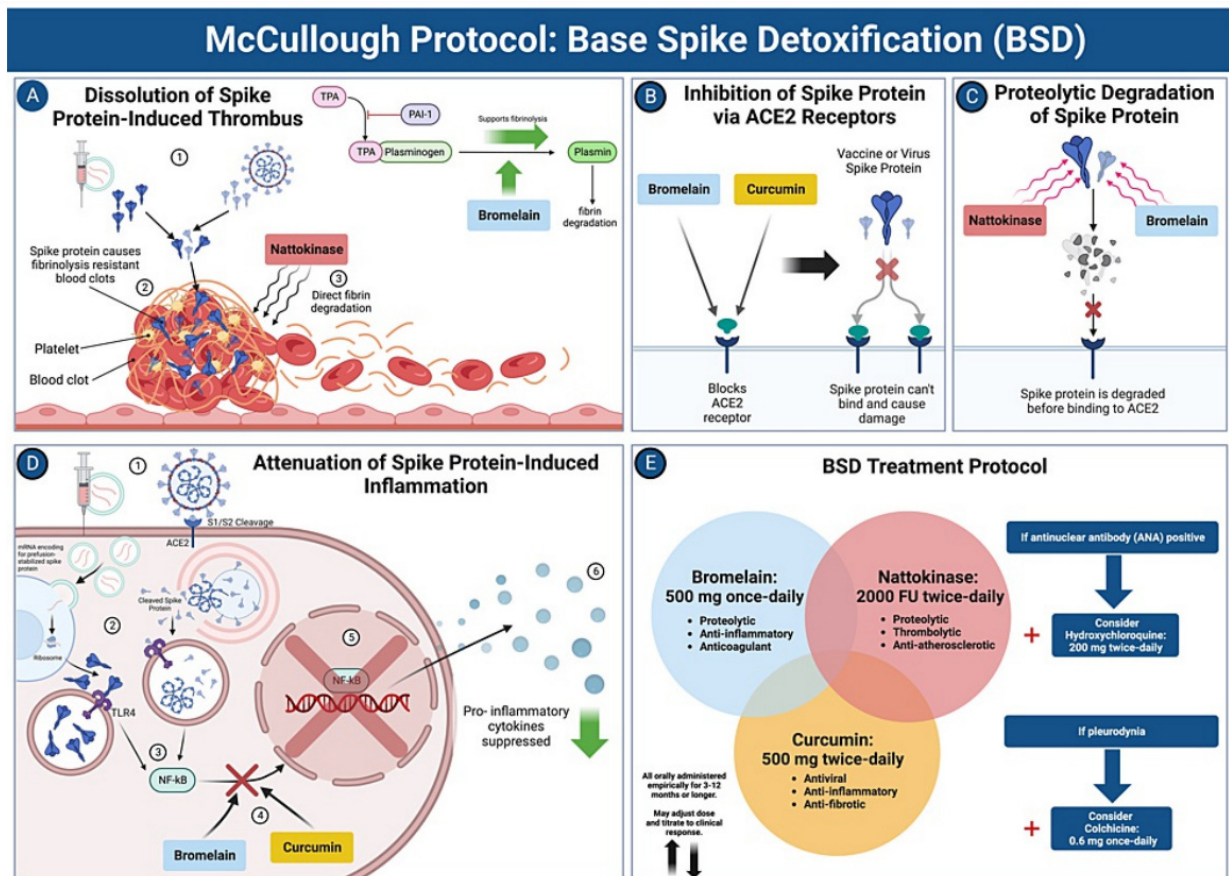
- COVID-19 Vaccines rolled out starting Dec. 8, 2020
- SARS-CoV-2 waves became progressively milder.
- All the evidence suggests that the increase in disabilities in 2021 and 2022 is almost entirely due to COVID-19 Vaccines

## Treating Spikeopathy: New Research

- Spike protein from both SARS-CoV2 infection and COVID-19 mRNA Vaccine is TOXIC.
- Texas Cardiologist Dr. Peter McCullough is one of the few doctors in the world publishing research on helping those suffering from “Long COVID” or Spikeopathy
- Dr. McCullough’s Protocol is an elegant approach to “Spikeopathy” and giving your body a chance to break down some spike protein and start to get the tissue damage under control.
- Breaking down blood clots is a key benefit.

From [Nov.21, 2023 \(Hulscher et al\)](#):





**FIGURE 3: McCullough Protocol: Base Spike Detoxification (BSD).**

A: Dissolution of spike protein-induced thrombus. Nattokinase directly degrades fibrinolysis-resistant fibrin (from spike protein), and bromelain upregulates fibrinolysis. B: Inhibition of spike protein via ACE2 receptors. Bromelain and curcumin block the ACE2 receptor, preventing spike protein from binding. C: Proteolytic degradation of spike protein. Nattokinase and bromelain degrade spike proteins, rendering them inactive. D: Attenuation of spike protein-induced inflammation. Bromelain and curcumin downregulate the NF- $\kappa$ B signaling pathway induced by spike protein, leading to the suppression of inflammatory molecules. E: BSD treatment protocol. The full treatment regimen and the addition of other compounds based on clinical indication are illustrated.

Abbreviations: TPA = tissue plasminogen activator, PAI-1 = plasminogen activator inhibitor-1, ACE2 = angiotensin converting enzyme-2, NF- $\kappa$ B = nuclear factor kappa B, S1/S2 = spike protein subunits S1/S2, TLR4 = toll-like receptor 4.

\*Created with BioRender.com. Panel E adapted from McCullough et al. [43].

## Outlining a Broader Therapeutic Approach

Over time, I have developed my own approach to Spikeopathy and I've written several Substack articles on some of these components.

### 1. Breaking down Spike Protein

- [Nattokinase](#), [Bromelain](#), (Serrapeptase, Lumbrokinase)

### 2. Blocking Spike Protein

- Ivermectin
- [Quercetin](#), [Olive Leaf](#), [Curcumin](#), [Nigella Sativa \(Black Seed\)](#)
- [Artemisia Annua](#), Dandelion Extract, [Pomegranate peel](#) (a more herbal approach)

### 3. Anti-oxidant

- NAC (N-Acetyl Cysteine)
- Vitamin C

### 4. Immune Support

- Vitamin D
- Melatonin
- Zinc, Selenium
- Vitamin B Complex (Niacin)

### 5. Anti-Cancer protection

- Ivermectin, Melatonin, Quercetin, Olive Leaf, Curcumin

This is a very rough and broad outline and I will shape it further over time.

### My Take...

I believe that 90-95% of “Long COVID” sufferers (who have had COVID-19 Vaccines) have COVID-19 Vaccine Injury due to Spikeopathy.

Those who had some “Long COVID” symptoms and then took COVID-19 Vaccines, have had additional Spike protein injury to their body.

The distinction matters, because Long COVID sufferers are usually gaslit and lied to by their doctors and they don’t know where to even start when it comes to treating not only symptoms but the underlying cause (long term spike protein production).

Those, who for example discover Ivermectin or NAC, don’t realize that there is a much broader treatment approach that must be undertaken, as each of these Spikeopathy treatment modalities on their own, are rarely sufficient to address the injuries entirely or bring about major improvement.

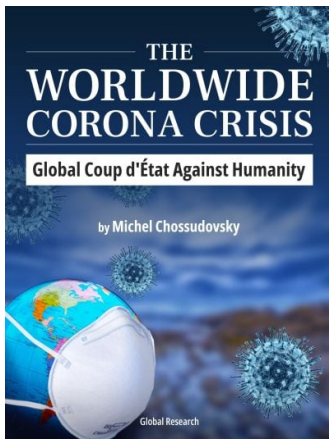
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*Dr. William Makis is a Canadian physician with expertise in Radiology, Oncology and Immunology. Governor General’s Medal, University of Toronto Scholar. Author of 100+ peer-reviewed medical publications.*

Featured image is from [Mercola](#)

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## The Worldwide Corona Crisis, Global Coup d'Etat Against Humanity

by Michel Chossudovsky

Michel Chossudovsky reviews in detail how this insidious project “destroys people’s lives”. He provides a comprehensive analysis of everything you need to know about the “pandemic” — from the medical dimensions to the economic and social repercussions, political underpinnings, and mental and psychological impacts.

*“My objective as an author is to inform people worldwide and refute the official narrative which has been used as a justification to destabilize the economic and social fabric of entire countries, followed by the imposition of the “deadly” COVID-19 “vaccine”. This crisis affects humanity in its entirety: almost 8 billion people. We stand in solidarity with our fellow human beings and our children worldwide. Truth is a powerful instrument.”*

### Reviews

*This is an in-depth resource of great interest if it is the wider perspective you are motivated to understand a little better, the author is very knowledgeable about geopolitics and this comes out in the way Covid is contextualized. —Dr. Mike Yeadon*

*In this war against humanity in which we find ourselves, in this singular, irregular and massive assault against liberty and the goodness of people, Chossudovsky’s book is a rock upon which to sustain our fight. —Dr. Emanuel Garcia*

*In fifteen concise science-based chapters, Michel traces the false covid pandemic, explaining how a PCR test, producing up to 97% proven false positives, combined with a relentless 24/7 fear campaign, was able to create a worldwide panic-laden “plandemic”; that this plandemic would never have been possible without the infamous DNA-modifying Polymerase Chain Reaction test – which to this day is being pushed on a majority of innocent people who have no clue. His conclusions are evidenced by renown scientists. —Peter Koenig*

*Professor Chossudovsky exposes the truth that “there is no causal relationship between the virus and economic variables.” In other words, it was not COVID-19 but, rather, the deliberate implementation of the illogical, scientifically baseless lockdowns that caused the shutdown of the global economy. —David Skripac*

*A reading of Chossudovsky’s book provides a comprehensive lesson in how there is a global coup d’état under way called “The Great Reset” that if not resisted and defeated by freedom*

*loving people everywhere will result in a dystopian future not yet imagined. Pass on this free gift from Professor Chossudovsky before it's too late. You will not find so much valuable information and analysis in one place. -Edward Curtin*

[Mixing AstraZeneca, Pfizer & Moderna COVID-19 Vaccines: 24-year-old Australian Broker Bianca Had Five COVID-19 Vaccines, Died of Ruptured Brain Aneurysm One Week After Fifth Dose of Moderna](#)

ISBN: 978-0-9879389-3-0, Year: 2022, PDF Ebook, Pages: 164, 15 Chapters

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