

# Hillary Clinton, “Fit to Serve... In Excellent Mental Condition”: Doctor Releases Her Latest “Medical Records”

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*Fit to serve,*” are the three little words that Dr. Lisa Bardack chose to sum up Hillary Clinton’s post-collapse, post-pneumonia, post-coughing fit medical test. Bardack concluded that *“the remainder of her complete physical exam was normal and she is in excellent mental condition.”* Of course, the big question is, will Hillary be healthy enough that Bardack does not need to walk arm in arm with her in public during Hillary’s next appearance, while checking to make sure her pulse is still there.

As Bloomberg reports, Clinton’s medical history included deep vein thrombosis in 1998 and 2009, an elbow fracture in 2009, and a blood clot and a concussion in 2012, Bardack said last year.

At that time, Clinton regularly took Armour Thyroid, antihistamines, Vitamin B12 and Coumadin, an anticoagulant. She’s still taking all the same medications, Bardack said, with more specificity about the antihistamine the candidate is taking. It is Clarinex.

Clinton last released information about her health in July 2015, when Bardack provided a letter that concluded the candidate “is in excellent physical condition and fit to serve as President of the United States.”

[And today, as CNN reports,](#) Hillary Clinton’s campaign released additional medical information Wednesday after questions about her health intensified in the wake of her pneumonia diagnosis late last week.

She was diagnosed with mild, non-contagious bacterial pneumonia, her doctor said, a step the campaign took after the candidate had to take three days off the campaign trail after nearly collapsing at an event on Sunday.

Dr. Lisa Bardack, Clinton’s personal doctor and the chair of Internal Medicine at CareMount Medical in Mount Kisco, New York, said she evaluated Clinton multiple times in the last week — including Wednesday — and found that the Democratic nominee had a small right middle-lobe pneumonia.

According to Bardack, “The remainder of her complete physical exam was normal and she is in excellent mental condition.”

Bardack added that Clinton “is recovering well with antibiotics,” including Levaquin, which

she was told to take for 10 days.

Remember when Hillary's Cleveland coughing fit was blamed entirely on pollen? Well...

I evaluated Mrs. Clinton for a 24 - hour history of a low grade fever, congestion and fatigue.

On examination, she was noted to have a temperature of 99.4; her vital signs were otherwise normal as was her physical exam. She was advised to rest, put on a short course of antibiotics and continued on her allergy medications for an upper respiratory tract infection in the setting of her seasonal allergies.

Over the next several days as she traveled, her congestion worsened and she developed a cough. She was advised to see me when she returned from her travels for further testing.

And finally, we have a simple question - is it *routine* to get a CT scan of your brain for an ear infection?

This evaluation confirmed a sinus and ear infection, with increased fluid in her left ear. To help alleviate her symptoms, a myringotomy tube was placed in her left ear in January of 2016. After the tube was placed, Mrs. Clinton had significant improvement in her symptoms.

Further follow-up evaluation with a CT scan of her brain and sinuses was done in March of 2016. This scan showed no abnormalities of the brain and mild chronic sinusitis. Her symptoms resolved and she continued symptom-free for the next six months.

The release of Clinton's medical information was a bit of political gamesmanship, coming just hours after Republican Donald Trump revealed some of his health history at a taping of the "Dr. Oz Show" Wednesday in New York.

[Full Medical Statement below.](#)

[HRC Physician Letter](#)

All of which explains why Hillary Clinton features in this month's Women's Health magazine...



One word... "irony"

oh and three more words..."God bless Photoshop"

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