

# Gaza: Starving Palestinians to Death. Restrictions on Humanitarian Aid Brings Palestinians to a Single Meal a Day

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*Due to the sealed borders and the minuscule passage of food, water medicine and fuel through the single Rafah crossing from Egypt, many Palestinians are already down to a single meal a day.*

But now, according to the Israeli plan, they may be the lucky ones.

This video is the first major sign that I have seen that food will become a rare commodity and starving Palestinians with skin over bones may soon be more commonplace:

<https://freepalestinemovement.org/wp-content/uploads/2023/12/7Dec2023-Food-shortages-hit-Gaza.mp4>

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